

"Mother to Birthmother -- How My Identity was Altered" ©

Chris Cole Chairperson of Origins, Sydney

ABSTRACT

I believe that our identities were purposely altered to enable those in authority to gain access to our children. I parallel the experiences of the POW'S in North Korea with those of our own to highlight the techniques of brain washing and coercion that were used on us when we were vulnerable young mothers. I give details of my own story which, again, highlights the coercion that was rampant in the adoption industry with my view of the resultant mental health effects that have impacted on every aspect of our lives because of this altering of our identities. I also detail how the same form of brain washing and coercion is still being used on young unmarried women.

My objectives are to show women how they were deceived out of their children by a highly efficient form of brain washing and coercion. This, I hope, will begin to alleviate the shame these women still carry as a result of believing what was done to them was their fault. I don't believe any of us can ever heal if we are carrying massive guilt. I want to warn professionals that altering someone's identity to accommodate the needs of another can and does impact on every aspect of their lives until they die, unless what has happened is recognised and remedial action is taken.

INTRODUCTION

"...The most powerful way to control focus is through the use of questions. For whatever you ask, your brain provides an answer; whatever you look for, you'll find. Questions are such a powerful tool for changing your life, They are one of the most powerful and simple ways to change the way you're feeling about virtually anything, and thus change the direction of your life at a moment's notice" p.169. "...I began to realise that thinking itself is nothing by the process of asking and answering questions....." p.187.

".....When I realised the incredible power of questions to shape our thoughts and literally our every response to our experiences, I went on a 'quest for questions'....." p.188.

"...Questions set off a processional effect that has an impact beyond our imagination....." p.189.